

2nd Announcement



39th

Scientific Conference

Strategic Alliance to Combat Malnutrition:

*Whole of Government,
Whole of Society Approach*

30 - 31 July 2024 | AVANTÉ Hotel, Bandar Utama, Petaling Jaya, Selangor

Important Dates

Conference:

30-31 July 2024

*Registration &
Abstract submission open:*

10 May 2024

Abstract submission deadline:

10 July 2024

Early bird registration deadline:

22 July 2024

CALL FOR ABSTRACTS

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference.

Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition.

Please note that we are utilising **ONLINE ABSTRACT SUBMISSION** and registration system and abstract submission will be available from **10th MAY 2024** onwards and closed by **10th JULY 2024**. Abstracts

(200-300 words in MS Word format) must follow exactly the prescribed format.

Details of the Conference, submission and acceptance status will be updated from time to time through the

NSM Conference's official website.

About The CONFERENCE

Malaysia's health situation is at a critical juncture, having to deal with the threat of its population bearing the double burden of nutrition. Undernutrition persists among selected groups across Malaysia, which is accompanied by a rising incidence of non-communicable diseases (NCDs) alongside their risk factors. Despite the many efforts through various nutrition action plans implemented throughout the years, previously set nutrition goals remain unachieved. In fact, the findings from several national health reports have cited that malnutrition levels have reached alarming levels.

To combat nutrition-related disorders in the country, it is imperative to take a holistic and collaborative strategy. The solution lies in adopting a whole-of-government approach, wherein different government ministries and agencies work closely together to address the multifaceted challenges posed by these disorders. It is also important to foster collaboration with other stakeholders, namely academic institutions, professional bodies, private sectors and non-governmental organisations. Implementing the identified strategies by forming strategic alliances, pooling together resources, and ensuring a unified effort, becomes the key to forging a path towards promoting nutrition and achieving a lasting and meaningful impact on public health.

In light of this, the 39th NSM Scientific Conference has aptly chosen the theme, ***"Strategic Alliance to Combat Malnutrition: Whole of Government, Whole of Society Approach"***. This year's theme highlights the urgency of the matter and emphasises the crucial



need for such strategic alliance to be seriously implemented, and not remain as mere rhetoric. Serving as a pivotal platform for collaboration, the NSM conference facilitates the exchange of knowledge and experience, providing a space for in-depth discussion on prevailing nutrition-related issues in Malaysia. The conference aims to share emerging findings, data, and insights derived from recent nutritional programmes and research. The conference strives to bring together key stakeholders, creating a synergy that is crucial for devising comprehensive holistic strategies to address and overcome the challenges of malnutrition in Malaysia.

Who Should Attend

- Nutritionists in public and private sectors
- Dietitians in public and private sectors
- Nutrition researchers in academic and research organisations
- Nutrition undergraduates/postgraduate students
- Healthcare professionals

TENTATIVE SCIENTIFIC PROGRAMME

CONFERENCE DAY 1 (30 JULY 2024)

Time	Programme
0800 - 0900	Registration
0900 - 1000	<p>Welcome Remarks, Opening & Award of NSM Prizes Speech and official opening by President, Nutrition Society of Malaysia</p> <ul style="list-style-type: none"> • Presentation of NSM Undergraduate and Postgraduate Prizes • Presentation of NSM Publication Prizes • Fellows of NSM Awards
1000 - 1030	Coffee Break/Poster & Exhibition Viewing
1030 - 1115	<p>Keynote Lecture 1 Strategies for the prevention and control of childhood obesity and chronic diseases Prof Dr Youfa Wang, Vice President, Xi'an Jiaotong University</p>
1115 - 1245	<p>Symposium 1: Nutrition for Maternal, Infant & Young Children</p> <p>Double burden of malnutrition in Malaysia – an update from NHMS 2023 Institute of Public Health, Ministry of Health (TBC)</p> <p>MySNPP improved food environment and body weight status of primary school children Ms Teo Choon Huey, Nutrition Society of Malaysia (NSM)</p> <p>Building UK-SEA partnership - Research on nutrition policies and action plans in Malaysia to promote the implementation of double burden of malnutrition prevention in school-age children UoL-NSM-ILSI-UPM Team</p>
1245 - 1330	<p>Invited Lecture 1 The gut health connection: Microbiota crosstalk and the role of prebiotics Ms Goh Peen Ern, BENEIO-Institute/BENEIO Asia Pacific Pte Ltd</p>
1330 - 1430	Lunch/Poster & Exhibition Viewing
1430 - 1600	<p>Symposium 2: Food Environment & Nutrition</p> <p>Food security & sustainable food consumption among adolescents in Malaysia: Preliminary findings from the Sustainable Food Consumption (SEASFC) study Dr Serene Tung En Hui, International Medical University (IMU)</p> <p>Food security, diet quality and nutritional status among mother-child pairs in Orang Asli in Terengganu, Malaysia Dr Wong Chee Yen, Universiti Sultan Zainal Abidin (UniSZA)</p> <p>Bridging food waste and consumption behaviours: Insights for a sustainable food system Assoc Prof Dr Satvinder Kaur D/O Nachatar Singh, UCSI University</p>
1600 - 1645	<p>Invited Lecture 2 dsm-firmenich (TBC)</p>
1645 - 1815	Young Researchers' Symposium
1815	End of day 1

TENTATIVE SCIENTIFIC PROGRAMME

CONFERENCE DAY 2 (31 JULY 2024)

Time	Programme
0800 - 0900	Poster & Exhibition viewing
0900 - 1000	Nutrition Update 1
1000 - 1030	Coffee Break/Poster & Exhibition Viewing
1030 - 1115	Keynote Lecture 2 Promoting healthy food and nutrition school environment Mr Zainal bin Abas, Deputy Director of Education (School Operations), Ministry of Education Malaysia
1115 - 1245	Symposium 3: Nutrition of older persons Frailty Intervention through Nutrition Education and Exercise (FINE) – a health promotion intervention to prevent frailty and improve frailty status among pre-frail elderly Assoc Prof Dr Siti Nur'asyura Binti Adznam, Universiti Putra Malaysia (UPM) Chrononutritional effect of artichoke and inulin on blood glucose, microbiome, muscle/ bone volumes in elderly person Prof Dr Shigenobu Shibata, Hiroshima University, Japan Effects of square-stepping exercise and art therapy on nutritional status, cognitive and psychological well-being of older adults with parkinson's disease Dr Nurliyana Abdul Razak, UCSI University
1245 - 1330	Invited Lecture 3 dsm - firmenich (TBC)
1330 - 1430	Lunch/Poster & Exhibition Viewing
1430 - 1515	Invited Lecture 4 The truth about soya: A review of nutrition, health effects and addressing misconceptions Ms Soo Sek Yow, Ace Canning Corporation Sdn Bhd
1515 - 1645	Symposium 4: Community Lifestyle Intervention Effect of probiotics supplementation on aflatoxin biomarkers in humans Dr Mohd Redzwan bin Sabran, Universiti Putra Malaysia (UPM) Cultivating AWESOME School Children: The NGTS Initiative in Malaysia Dr Yong Heng Yaw, International Medical University (IMU) Culinary nutrition education for promoting healthy eating among kids Dr Ng Choon Ming, UCSI University Comparative cardiometabolic effects of diets with red palm olein, extra virgin coconut oil, and extra virgin olive oil in individuals with central obesity: A randomised trial. Dr Radhika Loganathan, Malaysian Palm Oil Board (MPOB) (TBC)
1645 - 1745	Nutrition Update 2
1745 - 1830	Prize Giving and Closing Ceremony
1830	End of Conference

Registration Details

Categories	Early Bird Rate	Late fee/ on-site <small>(After 22nd July 2024)</small>
NSM MEMBERS		
Normal member	RM550	RM750
Fellows of NSM	RM350	RM470
Postgraduate students (Local & International)	RM350	RM470
NON – MEMBERS		
Participants	RM900	RM1200
Exhibitors	RM550	RM550
Nutrition Undergraduates	RM200	RM200
Other Local Undergraduates/ International Undergraduates	RM300	RM350

Notes:

- All members (except Life members) must have paid up their annual membership fees, including that for 2024, to be eligible to attend at NSM member rate.
- Postgraduate students must be members of NSM to attend at member rate.
- Final year undergraduate students of nutrition programmes in local universities will be invited through their respective Heads of Departments to participate in the Conference.

Best Poster Presentation Competition

- For **postgraduate students**, it is open to all local and international institutions
**Only research studies in human nutrition are eligible*
 - For **undergraduate students**
**Only students from 11 universities with nutrition programmes are eligible – see list of universities below*
1. Universiti Putra Malaysia (UPM)
 2. Universiti Kebangsaan Malaysia (UKM)
 3. Universiti Sains Malaysia (USM)
 4. Universiti Sultan Zainal Abidin (UniSZA)
 5. UCSI University
 6. International Medical University (IMU)
 7. University of Nottingham Malaysia
 8. Management & Science University (MSU)
 9. Universiti Malaysia Sabah (UMS)
 10. Monash University Malaysia
 11. Tunku Abdul Rahman University of Management and Technology (TAR UMT)

For enquiries, contact:

Conference Chairman

Tee E Siong, PhD

Immediate-Past President
Nutrition Society of Malaysia
Email: esiongtee@gmail.com

OR

Conference Secretariat

Versacomm Sdn Bhd

12A, Jalan PJS 8/4, Mentari Plaza,
Bandar Sunway, 46150 Petaling Jaya.
Tel: 03 5637 3526 / 03 5632 3301;
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HRDF: NSM will apply to HRD Corp to obtain permission to enable eligible participants to apply for claims. Further details will be provided in subsequent announcements